

Soccer Net Safety Guidelines

Soccer net safety is a big issue in the United States today. Nets fall on people due to hanging and/or climbing on them, the wind pushing the nets over or in the process of moving the net from one place to another. Every year there are over 120 reported emergency room visits due to soccer net injuries; some have even resulted in death.

Before every practice or game, please check the soccer nets and use the safety tips below to make sure they are safe before you begin play:

Safety Tips:

- ☑ Make sure the PAC (or other system) is properly securing the net to the ground
- ☑ **Never** let anyone climb or hang on the netting or frame of the soccer goal
- ☑ Make sure the net is on flat land
- ☑ Be careful playing with nets in high winds
- ☑ Make sure anchoring devices are in good condition
- ☑ Make sure safety labels are clearly visible
- ☑ Make sure that nothing is damaged or missing from the soccer net
- ☑ Check for damaged or broken framing before using the nets
- ☑ Store nets correctly when not in use
- ☑ Instruct others (parents, kids, teams) about soccer net safety

Installation of the PAC (Portable Anchored Counterweight)

- 1) Place PAC on back corner of net; Unhook cable from bolt
- 2) Slide PAC like a horseshoe around the back corner of the net
- 3) Screw the auger as far away as possible from the net (straight back)
- 4) Clip hook into bolt; Tighten auger; Make sure it is centered and secured

